

# God's Love In Action

**GLIA: the essential element, or glue,  
which connects the tissue found in the nerve centers of the body**

**Trinity United Methodist Church, 1201 Mohawk Drive, West Columbia, SC 29169**

**Pastor:** *John Jordan*

**Organist:** *Christopher A. McCroskey*

**Music Director:** *Jackie McNeill*

**Office Manager:** *Jackie Eitel*

**Office Hours: 8:30 - 4:30 M-F**

**Sunday School 9:45 a.m.      Worship Service 11:00 a.m.**

The mission of Trinity United Methodist Church is to:  
**To make disciples of Jesus Christ for the transformation of the world.**

Phone: (803)794-7777

E-Mail Pastor - [jdjordan@umcsc.org](mailto:jdjordan@umcsc.org)

Fax: (803) 939-9628

E-Mail Church - [trinityumcwc@sc.rr.com](mailto:trinityumcwc@sc.rr.com)

Website - [trinityumcwc.org](http://trinityumcwc.org)

**AUGUST 2018**



## *John's Jottings*

(This column is an expression of my thoughts on whatever seems to pop into my head at any given time. It may deal with issues facing the church or society, it may deal with humorous events which occur in our lives or any other topic that might come up. The opinions expressed are mine and mine alone and are not intended to be representative of Trinity UMC. Conversation about any topics expressed here is greatly encouraged.)

The Lord works in mysterious ways. I know that is a rather trite expression which is often misused, but it is true. It is a mystery how Kay and I find ourselves back in the church which we attended and were involved when we first moved to Columbia in 1986, 32 years ago. Much has changed during that time in the church, in the community, in your lives and in Kay and my lives.

I remember when we were here at Trinity that the identity of the church was that of the neighborhood church. That still seems to hold true as we return. This church should be the body of Christ in the Saluda Gardens/ Westover Acres and surrounding neighborhoods. We ask ourselves, "what are the needs of the people in these neighborhoods? And How is God calling us as a congregation to meet these needs?" I look forward to working together with you to discern what God is calling us to be doing for God's Kingdom here at Trinity and then carrying out that call.

I ask that if you have any thoughts, ideas or concerns in our neighborhood to bring them to me. If you see new people moving into the neighborhood, invite them to join us. In general, I plan to be in the office in the mornings from 9:00 – 12:00 and spending the afternoon in visitations. I hope to have one morning's "office hours" to be at a local coffee shop as a time for drop in discussion and getting to know you.

You may contact me via e-mail at [jdjordan@umcsc.org](mailto:jdjordan@umcsc.org), during office hours at the church (Jackie will know if I am in the office) or on my cell at 803-351- 0975. Send a text if you are passing on information. If you call and I don't answer PLEASE LEAVE A MESSAGE! There are times when I am unable to answer such as when driving, visiting people, in meetings, working out, and spending time with family in the evenings. I do check messages and will return your call as soon as needed.

I look forward to serving as the pastor at Trinity UMC, teaming with you to do the work for God's Kingdom in our neighborhood.



**JOIN US FOR THREE DAYS OF VBS FUN!**

**Friday, August 3**

6 – 8 p.m.

**Saturday, August 4**

6 – 8 p.m.

**Sunday Worship, August 5, 11 a.m.**

Sing & Certificate Ceremony

Join us for a covered dish lunch following Worship!



Congratulations to Joshua and Beth Ballentine on the birth of their daughter, Haddie Anne Ballentine, on Monday, July 9, 2018. Haddie Anne weighed 4 lbs. 7 ozs. and was 17 ¼ inches long. She is the granddaughter of John and Sue Ballentine and the great-granddaughter of Tom and Marilyn Lloyd.



**Sunday, August 12th @ 11 a.m. Service**

In preparation for the new school year we will have our annual Blessing of the Backpacks at our 11 a.m. service on August 12th.

We will pray over the children and all current and past school workers. An education is so important today and we want to send our pupils back to school with the blessings of the Lord to watch over them and help them have an amazing school year.



**Bill Hornsby**

Bob & Libby Strickland	Ray & Gale Frady
Arnold & JoAnn Heiting	Wayne & Charlie Hooker
Bonnie Ramsey	Mary Kamoroff
Tom & Shirley Seaborn	Jim & Marie Stiles
Chuck & Lynn Martin	

**Donnie Sox**

Scott, Betty Jo & Brandon Cato

**Rhett Bickley**

Ray & Gale Frady



**WE EXPRESS OUR CHRISTIAN SYMPATHY to**  
**Jeanette Hornsby and family** on the death of her husband,  
**Bill Hornsby**, on Monday, July 23.



United Methodist Women will meet on Wednesday, August 8,  
 at 11 a.m.

United Methodist Men will not meet in August.

The Exercise Class will resume on Monday, August 20.

Lunch Bunch will be held on Sunday, August 5, immediately  
 following the service. Plan now to join them for a covered  
 dish meal and a wonderful time of fellowship.

The Sunday School Breakfast will be held on Sunday, August  
 26, at 9 a.m.

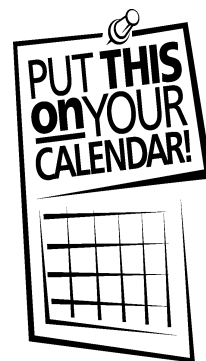


Dear K. C. and Members of Trinity UMC,

Thanks to all of you for the warm reception on Sunday, July  
 15, and the gift certificate. Someone knew we were outdoor  
 people... and the gift certificate was greatly appreciated!

Most of all, we are happy to be here, to make new friends as  
 well as reconnect with old friends and to serve.

With love,  
 John and Kaye



Our District Superintendent, Rev. Cathy Jamieson, will be at  
 Trinity on Sunday August 12, to bless the appointment of  
 Rev. John Jordan.



***Epworth Ice Cream***

Epworth ice cream is now available by the pint at **Crave**  
 (2843 Millwood Ave), **The Local Buzz** (141 S. Shandon St.),  
**Fusco's Market** (2900 Dreher Shoals Rd.), **Rosewood**  
**Market** (2803 Rosewood Market), **Happy Café** (4525 Forest  
 Drive), **14 Carrot Whole Foods** (5300 Sunset Blvd.) and  
**Piggly Wiggly** (3818 Devine Street). Flavors are peanut  
 butter, vanilla bean, vanilla chocolate swirl, and caramel.  
 100% of profits benefits Epworth Children's Home. Like the  
 Epworth Ice Cream facebook page and visit  
[epworthicecream.org](http://epworthicecream.org) for updates.



### Community Recognition Program for 2018

Recognizing those in our community who are often unrecognized for the hard work they do is the goal of the Community Recognition Program. This program was started as a way of connecting more with our community as a part of the Reaching New People process. One of the things we kept hearing as we visited places last year was “no one has ever done this for us before!” This year we’ve added some different places and retained some that we feel deserve recognizing every year.

#### **What’s Involved?**

Volunteers are welcome to take refreshments to the following sites at any time during the month that works for them and the facility. We usually call ahead to make sure we have enough food for the number of staff and to make arrangements for a convenient time. Sometimes we stay to meet the staff but most often they are busy and we leave the refreshments for them to enjoy when they can.

If you don’t want to actually visit the site you can help in other ways. You can make homemade goodies (which are greatly appreciated); donate coupons or money, and/or purchase donuts or other food.

You can do this with a small group of church friends, your Sunday School class or other group—the point is to connect with new people to share our love!

Please contact Jeanette Hornsby by phone (803-467-0993) or by e-mail ([hornsbjm@bellsouth.net](mailto:hornsbjm@bellsouth.net)) if you’d like to be in charge of a particular month/place.

August	God’s Helping Hands
September	Northside Middle School
October	Riverbanks Zoo
November	New Elementary School
December	911 Center & EMT’s



#### **TRINITY FOOD CO-OP**

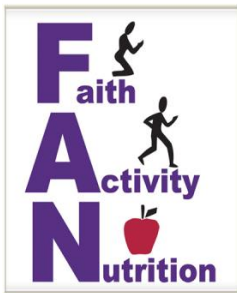
*Invite your friends and neighbors to participate.*

Our next co-op date is **Tuesday, August 28**. The more participants we have the more produce we can get with our money. Forms can be found in the Gathering Area.

Bags are only \$5.00 each and need to be paid in cash. Please remember to pay in advance so that I know who wants bags each month and also how much money I have to spend. Please let me know by the weekend before the Tuesday of co-op. Thank you for your help. *Becky*



Please check to make sure that your name badge is on the board. We have made new ones for those whose badges have been damaged or misplaced. If you do not see yours on the board, please let Marie Stiles or Jewel Percy know. And remember to grab your badge each Sunday and wear it during Sunday School, Worship Service and Time Together so that Rev. John Jordan and his wife, Kay, may put names with faces more easily. Thank you for your cooperation.



## Know the Facts About Heart Disease

What is heart disease?

Heart disease is the leading cause of death in the United States. More than 600,000 Americans die of heart disease each year. That's one in every four deaths in this country.

The term "heart disease" refers to several types of heart conditions. The most common type is coronary artery disease, which can cause heart attack. Other kinds of heart disease may involve the valves in the heart, or the heart may not pump well and cause heart failure. Some people are born with heart disease.

Are you at risk?

Anyone, including children, can develop heart disease. It occurs when a substance called plaque builds up in your arteries. When this happens, your arteries can narrow over time, reducing blood flow to the heart.

Can it be prevented?

You can take several steps to reduce your risk for heart disease:

- \* Don't smoke. CDC's Office on Smoking and Health Web site has information on quitting smoking. <http://www.cdc.gov/tobacco>
- \* Maintain a healthy weight. CDC's Healthy Weight Web site includes information and tools to help you lose weight. <http://www.cdc.gov/healthyweight/index.html>
- \* I Eat a healthy diet. Tips on reducing saturated fat in your diet are available on the Web site for CDC's Division for Nutrition, Physical Activity, and Obesity. <http://www.cdc.gov/nutrition/everyone/basics/fat/saturatedfat.html>
- \* Exercise regularly. Visit CDC's Physical Activity Web site for more information on being active. <http://www.cdc.gov/physicalactivity/index.html>
- \* Prevent or treat your other health conditions, especially high blood pressure, high cholesterol, and diabetes.



Hannah Easterling  
210 Golden Fluke Drive  
Lexington, SC 29072

Oak Leaf Village  
Margie Gay, Room 206  
800 North Lake Drive  
Lexington, SC 29072

Kevin Thomas  
9801 Luscombe Lane  
Henrico, VA 23228

Ann Thornley  
301 Court Avenue  
West Columbia, SC 29169