

God's Love In Action

**GLIA: the essential element, or glue,
which connects the tissue found in the nerve centers of the body**

Trinity United Methodist Church, 1201 Mohawk Drive, West Columbia, SC 29169

Pastor: Donna Stone Eidson

Organist: Christopher A. McCroskey

Music Director: Jackie McNeill

Office Manager: Jackie Eitel

Office Hours: 8:30 - 4:30 M-F

Sunday School 9:45 a.m.

Worship Service 11:00 a.m.

The mission of Trinity United Methodist Church is to:
To make disciples of Jesus Christ for the transformation of the world.

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JANUARY 2018



Clouds Silver Lining

First off, I want to thank you all for the wonderful Christmas bonus you gave me. It certainly came at a wonderful time. I feel so privileged to be able to serve God along side of all of you. Now on to the cloud story.

I am sure you have heard that clouds have silver linings and I am telling you they really do. I want to share with you some of the storm clouds I have faced lately and the silver linings I found along the way.

The first one was when I was rear ended on I-26. Never thought I would see the day I would say Thank You to God for stop and go, bumper to bumper traffic.

-Well I now have, because of the less than 20 mph we were traveling at the time none of us were seriously hurt.

-After going to my doctor for follow up to make sure I was ok after the accident, they ordered a cat scan of my head and neck. That is how they found a problem in my neck unrelated to my accident. I will be seeing a neurosurgeon for this condition.

Next my female dachshund Cece died while I was eating at Benjamin's seafood buffet.

-I did not hear my phone or I was not at the table when the vet, or my kids called me. Therefore, I thoroughly enjoyed my crab legs and boiled shrimp. My kids were able to get in touch with Sammy and Lynn Webber to tell them.

-After we finished eating I stopped in the little gift shop and had picked up a small starfish for my tree and while I was paying I noticed their business cards and talked with them about Cece. The name of the shop was Cece's.

-Cece threw a clot we think and was gone in a matter of minutes. She had had surgery for breast cancer twice and I was always afraid it would reappear somewhere else. I am so thankful she did not have to suffer through that.

When I got back from Myrtle Beach the guy was working on my back deck just putting the second coat on the lower deck. Well the pups and I ended up going to Graniteville that night and my working from Graniteville the next week. I did my sermon on my lap top computer, but when I got home to West Columbia my lap top computer would not boot up and I had to redo my entire sermon for that Sunday. Also, I discovered that there was not heat in the parsonage.

-I do not know if redoing my sermon made it any better, but at least I was very familiar with what I had written. I was very

thankful for the gas logs that you all have in the fireplace. They certainly helped keep us toasty warm. I also have a little heater in my bathroom that I use when needed in there. The heat was also fixed on Monday of that week. Most of all the back porch and deck look wonderful.

In September I began working with my dentist to replace the caps on my two front upper teeth. Well that just fit right in with everything else I had going on. The first set of temporary teeth broke and had to be replaced on a Saturday. When the permanent ones came in they were the wrong shade and one did not fit right. From September to December there were many trips to the dentist in Aiken.

-As of December 13th I now have my permanent upper front teeth, they fit well, and are the right shade to match my other teeth. ☺

English Percy and I talked at the Men's Breakfast in December. It is important to practice what you preach for everyone. I reminded English that I had preached about giving God thanks even in adversity earlier in November. English just laughed saying that I had better watch what I preached for I was getting plenty of practice from that sermon.

Yes, if you try to look at the positive side, clouds do have silver linings and God can be thanked even in adversity.

Have a wonderful New Year placing your hand in God's hand and letting Him lead the way.

Love,
Rev. Donna, Patch and Curlie



Help is needed on Saturday, January 6, to take down the Christmas decorations. We will start at 10 a.m. Please let Tom Geddens know if you will be able to help.



Linda Taylor Boatwright

Bonnie Ramsey
Jim & Marie Stiles
English & Jewel Pearcy
Mary Kamoroff
John & Patsy Zeigler

Samuel Robbie Gay

Wayne & Charlie Hooker
English & Jewel Pearcy



WE EXPRESS OUR CHRISTIAN SYMPATHY to *Margie Gay* on the death of her brother-in-law, *Samuel Robbie Gay*, on Wednesday, December 6, 2017.



Dear Trinity Church Family,

Tommy and I were so overwhelmed to receive your basket of Christmas cards and generous love offering. Please know that the Lord has used your love and compassion for us as a much needed encouragement during a challenging time for us. We feel blessed to be a part of a church family who remains consistently faithful to minister to us. It is appreciated more than words can convey. We thank God for our church friends and pray always for the mission of Trinity to be accomplished through each of us. Glory to God always.

Merry Christmas and Love In Christ,
Marty Johnson



Dear Trinity Friends and Family,

Thank you so much for the Christmas gift bag and goodies. We were delighted to have the children come by and sing Christmas Carols for us. A special thank you goes to K. C., Lily and John Warble who came back the following Monday and finished putting up our Christmas Tree.

Love,
Carol Frye



Dear Trinity Family,

Many thanks for remembering me with the gift bag and goodies. I miss you all very much and hope everyone had a Merry Christmas!

Love,
Miriam Simpson



Jo Ann Heiting

Bonnie Ramsey



Thank You Notes

Dear Trinity Family,

Thank you so very much for the "goodie bag". It reminds me of the sweet family I have at Trinity to pray for me and then turn around and send me snacks, fruit, cards, calendar and cookies in the beautiful bag. God has blessed me over and over. God is good.

Love you,
Libby Strickland



Dear Trinity Church Family,

Many thanks for the beautiful cards, fruit, cookies and gifts that you brought to me for Christmas. I so enjoyed the large group that came and sang Christmas carols in my house.

I miss you all and wish for each of you a Happy New Year.

Love,
Jean Raynor



Dear Trinity,

Thank you very much for the prayers and the gift card during my final exams. My exams went well and I finished with five A's and one B. I am happy to be on break and to spend the holidays with my friends and family. I hope you all had a merry and safe Christmas.

Much love,
Slone Taylor



Dear Trinity Family,

Thank you for the prayers, cards, memorials, food and visits following the death of our beloved sister, Linda T. Boatwright. Your care and concern were much appreciated during this difficult time.

Sincerely,
George and Morris Taylor

MEMBERS OF CHURCH COUNCIL 2018

Administrative Council Chairperson	Sue Ballentine (2019)
Lay Leader	Tom Geddens (2019)
*Lay Member to Annual Conference	Francis Hipp (2019)
**Financial Secretary	Susan B. (Jackie) Eitel
Church Treasurer	Chuck Martin (2019)
Recording Secretary	Marilyn Lloyd (2019)
Staff-Parish Relations Chairperson	K. C. Warble (2019)
Board of Trustees Chairperson	
Finance Ministries Chairperson	Dolph Varner (2019)
Nurture Ministries Chairperson	Becky Derrick(2019)
Worship Ministries Chairperson	Tom Geddens (2019)
Stewardship Ministries Chairperson	Dolph Varner (2019)
Outreach Ministries Chairperson	Erin Derrick (2019)
Vitality (Witness) Ministries Chairperson	Jeanette Hornsby (2019)
Coordinators, Children's Ministries	Patsy Boggs (2019)
	Tom Geddens (2019)
	Jeanine Varner (2019)
Youth Coordinator	Ruth Frady (2019)
Hospitality & Bereavement Team	Gale Frady (2019) Charlie Hooker (2019)
	Jewel Percy (2019) Dale Wells (2019)
Native American Coordinator	Mary Louise Robinson (2019)
President of United Methodist Men	Chuck Martin
President of United Methodist Women	Lynn Martin
President of United Methodist Youth	
Church Historian	Marilyn Lloyd (2019)
Membership Secretary	Boots Morgan (2019)
Director of Music	Jackie McNeill
Pastor	Donna Stone Eidson
* Alternate Lay Member to Annual Conference	Marie Stiles (2019)
**Designates Members Without Vote	

BOARD OF TRUSTEES

Chairperson –

Jeff Hipp (18)	Pam Turner (19)	Pam Hook (20)
Chris Derrick (18)	Dan Greshel (19)	Jo Ann Heiting (20)
Ted Frady (18)	Wayne Hooker (19)	Jessica Warble (20)

ADMINISTRATIVE TEAMS

Staff Parish Relations Team

Chairperson – K. C. Warble

George Taylor (18)	K. C. Warble (19)	Mary Kamoroff (20)
Ruth Frady (18)	Chris Derrick (19)	John Ballentine (20)
Jim Stiles (18)		

Lay Member of Annual Conference (*ex-officio*) - Francis Hipp (19)
 Lay Leader (*ex-officio without vote, par. 262.2*) – Tom Geddens (19)

Finance Ministries Team

Chairperson – Dolph Varner (19)

Pastor: Donna Stone Eidson	Chairperson, Outreach: Erin Derrick (19)	
Chairperson, Church Council: Sue Ballentine (19)	Chairperson, Vitality: Jeanette Hornsby (19)	
Stewardship: Dolph Varner (19)	Member at Large: Rhett Hook (19)	
Lay Leader: Tom Geddens (19)	Lay Member of Annual Conf.: Francis Hipp (19)	
Financial Secretary: Jackie Eitel		
Church Treasurer: Chuck Martin (19)		
Board of Trustees:		
Chairperson, Nurture: Becky Derrick (19)		

Nominations and Leadership Development Ministries Team

Chairperson: Donna Stone Eidson

Sue Ballentine (18)	Francis Hipp (19)	Bonnie Ramsey (20)
Jewel Percy (18)	Erin Derrick (19)	Patsy Boggs (20)

Lay Leader (*ex-officio*): Tom Geddens (19)

WORK AREA TEAMS

Worship Ministries Team
Chairperson – Tom Geddens (19)

Head Usher: Jim Stiles
Flowers: Lynn Martin
Altar Guild: Sue Ballentine, Tom Lloyd
Worship Nursery:
Acolytes: Tom Geddens
Director of Music: Jackie McNeill
Choir Director/Pianist: Christopher McCroskey
Attendance Recorder: Jewel Pearcy
AV Director: Marie Stiles

Nurture Ministries Team
Chairperson – Becky Derrick (19)

Worship Committee Chair: Tom Geddens (19)
Director of Music: Jackie McNeill
Stewardship Chair: Dolph Varner (19)
Pacers: Jewel Pearcy
Hospitality Team: Gale Frady (19)
Youth Coordinator Ruth Frady (19)
Children's Coordinators: Patsy Boggs (19); Tom Geddens (19), Jeanine Varner (19)
President, UMYF:
President, UMW: Lynn Martin
President, UMM: Chuck Martin
Senior Activities Becky Derrick

Outreach Ministries Team
Chairperson – Erin Derrick (19)

John Ballentine	Jessica Warble	Kathy White
Ruth Frady	Lynn Martin	
Tom Lloyd	Bonnie Ramsey	

Lay Leader: (Ex-Officio Member) Tom Geddens (19)
Pastor: Donna Stone Eidson

Vitality (Witness) Ministries Team

Chairperson: Jeanette Hornsby (19)	
Becky Derrick	Tom Geddens
Marilyn Lloyd	Jan Weaver
Sue Ballentine	Frank Howard

Marie Stiles
Francis Hipp
Linda Maloch
Pastor: Donna S. Eidson



Please join us as we conduct our **Annual Planning Retreat** on **Saturday, January 13**, from **9 am-2 pm**. All those who are serving on ministry teams should plan to be present to help us plan effectively for 2018.

Our agenda will be as follows:

9:00- 9:30 Breakfast
9:30-10:00 Devotional, team exercise, instructions for team meetings
10:00-10:15 Break
10:15-12:00 Committee meetings (each ministry team will meet to answer some questions for the larger group and plan for the year

Questions each team should answer:

What did we do well?
What needs improvement?
What do we need to stop doing?
What do we need to start doing?]
Plans should be captured with dates and who will be in charge on flipchart paper to post in Fellowship Hall

12:00-12:45 Lunch

1:00- 2:00 (or however long it takes) Team reports (using flip charts with their dates and assignments)

This retreat will serve as the team meeting for January and will precede the Church Council meeting on January 21.



TRINITY FOOD CO-OP

The co-op begins again this month! Invite your friends and neighbors to participate. The more participants we have the more produce we can get with our money. Forms can be found in the Gathering Area.

Mark your calendars for the Fourth Tuesday of each month:

January 23

February 27

March 27

April 24

May 22

June 26

Bags are only \$5.00 each and need to be paid in cash. Remember that I need you to pay in advance so that I know who wants bags each month and also how much money I have to spend. Please let me know by the weekend before the Tuesday of co-op. Thank you for your help with this. *Becky*



SNACKS AND A MOVIE

The Real Jesus of Nazareth

February 11 @ 4 p.m. – Parts I & II

March 11 @ 4 p.m. – Parts III & IV

In the four-part series *The Real Jesus of Nazareth*, actor Robert Powell will visit the Holy Land, seeking clues to learn more about Jesus. Powell portrayed the Son of God in the 1977 miniseries, *Jesus of Nazareth*. The original series featured a cast of blockbuster stars, including Sir Laurence Olivier and James Earl Jones. The series has become an Easter and Christmas television tradition for many, and is celebrating its 40th anniversary this year.

The Real Jesus of Nazareth will draw parallels between the scripted depiction of the biblical story and real history, breaking down the life of Jesus and the world he lived in. It combines scenes from the landmark series with Powell's journey throughout modern Israel, where he meets archaeologists and scholars who help him reconstruct the story of the man who changed history and inspired billions.



Kaye Floyd
903 New Brookland Place
West Columbia, SC 29169
(803) 920-8961

Brett & Alice Jones
Wyatt, Emmy
5401 Gainsborough Drive
Farifax, VA 22032

Kevin Thomas
105 Old Arms Court
Columbia, SC 29212



Healthy Lifestyle Goals for the New Year

Now that the “Eating Season” is over and the new year has begun, it is a good time to make some new goals. Eating more healthy food and moving more are ways in which you can improve your health and well-being. Here are a few specific ways you may consider incorporating into your daily routine:

Eat Healthy (ENERGY IN)

- Put berries or bananas on whole-grain cereal or oatmeal.
- Order a green salad instead of fries. Ask for fat-free or low-fat dressing “on the side” – and use only half of it.
- Drink water, fat-free or low-fat milk instead of regular soda or other sweetened drinks.
- Add flavor with herbs and spices, instead of salt.
- Use fat-free or low-fat mayo, sour cream, and salad dressings.
- Choose fruit for a snack or dessert.
- Grill, steam, or bake food.
- Don’t eat late at night.
- Use lean meats such as white meat chicken, lean ground turkey, or fish in place of beef or pork.
- When you eat out, choose an appetizer for your meal or share a main course.



Move More (ENERGY OUT)

- Take your dog on longer walks.
- Ride bikes after dinner.
- Park farther away from the store and walk.
- Use the stairs instead of the escalator.
- Dance with your children or grandchildren.
- Walk your kids to school or walk to work.
- Ask your kids to help with active chores around the house, like vacuuming or raking leaves.
- Sign your kids up for community sports or lessons.
- Walk along the sidelines at your kids’ sports events.
- Play ball at the park.

The church currently sponsors an exercise/balance class twice a week (Mondays & Wednesdays at 2:00 p.m.) The exercise class will resume on Wednesday, January 3. A sign-up sheet for 2018 is on the round table in the Gathering Area, so you can let us know of your interest. However, we want to be sure that you realize that you are welcome to join us when you are able. All exercises may be done while sitting, and you may stop at any time as you feel weary or unstable. We are not in a fitness contest, although we do encourage one another to think before stepping and be sure one is stable before moving to a new position. If you are able to join us, we have lots of fun.

If anyone is interested in joining an evening exercise class or a healthy eating support group, please contact Marilyn Lloyd or Marie Stiles.