

**Fourth Sunday after Pentecost
June 17, 2018**

Welcome and Announcements

Prayer

Prelude Christopher A. McCroskey

(As the Prelude begins, prayerfully prepare your hearts and minds for worship.)

*Acolyte

Call to Worship "Surely the Presence of the Lord" Choir

*Hymn "For the Beauty of the Earth" vs. 1, 2, 4 92

(Please register your attendance on the pew pads provided)

First Scripture Reading 1 Samuel 15:34-16:13 Pages 254-255 (O.T.)

*Psalter Psalm 72:1-17 795-796

*Affirmation of Faith "Apostles' Creed" 881

*Gloria Patri "Glory Be to the Father" 70

FAN Moment Marilyn Lloyd

"Let the Children Come!"

(Those 3 years of age through 8 years of age may go to Children's Church.)

Sharing of the Joys & Concerns of the Church

Prayers of Confession & Intercession

The Lord's Prayer (*Unison*) 895

*Hymn "The Kingdom of God" vs. 1, 4 275

Presentation of Tithes & Offerings

Offertory Christopher A. McCroskey

*Doxology "Praise God from Whom All Blessings Flow" 95

Anthem "A Blessing" Choir

Second Scripture Reading Mark 4:26-34 Pages 40-41 (N.T.)

Sermon "Sowing Seeds" Rev. Donna Eidson

Invitation to Christian Discipleship

(You are invited to come to the altar during the singing of the hymn to signify your commitment or re-commitment to Christ, or for prayer, confession, or comfort, in response to God's Word)

*Hymn "Hymn of Promise" 707

*Acolyte

*Dismissal With Benediction

*Benediction Response "May the Lord, Mighty God, Bless and Keep You" Choir

*Postlude Christopher A. McCroskey

*The Congregation May Stand

Leading in Worship Today

Pastor: Rev. Donna Stone Eidson Tellers: Ted Frady; Patsy Boggs

Music Director: Jackie McNeill Time Together: Mary Louise Robinson

Choir Director: Christopher A. McCroskey Lay Reader: K. C. Warble

Church Musician Ushers: Joy SS Class

AV Assistant: Marie Stiles; John Ballentine

VISITORS ARE WELCOME in the service of worship! Please make use of the visitor's tags (located in the pew backs) to help us better welcome you as a visitor to Trinity this morning. We ask that you also please fill in the pew pad as it passes to register your attendance with us. **Large print hymnals** are available from the ushers. An **INFANT AND TODDLER NURSERY** is provided during the worship hour. Parents: please ask an usher for assistance.

You may join as a member into the life and work of this congregation by Confession of Faith or by Transfer of Membership from another church. If you would be interested in becoming a member, please speak to the pastor.

Today's Lovely Flowers are given to the Glory of God in loving memory of Edward Eidson's 75th Birthday and Windy Eidson's 50th Birthday by Donna Eidson.

“AS MEMBERS OF THIS CONGREGATION, WE WILL FAITHFULLY PARTICIPATE IN ITS MINISTRIES BY OUR PRAYERS...

Steve Aiello	Jackie McNeill	Charles McNeill	Grover Shuler	Patsy Shuler
IrvinWells	Carolyn Sox	Tommy Johnson	Marvin Efron	Sara Efron
Carol Frye	George Taylor	Arnold Heiting	Libby Strickland	Gillett Hipp
Latson Lewis	Bill Hornsby	Margie Gay	Esther Carter	Francis Hipp

Shut-Ins: Theresa Awtrey; Mary Brewer; Mary Alice Duncan; Bill & Dot Johnson; Georgeann Pace; Shirley Padgett; Miriam Simpson; Claudia Sineath; Wayne Tallon

Family and Friends: **Connie Bucknam** (friend of Jeanette Hornsby); **Gene Crumpton** (friend of Patsy Zeigler); **Bert Saville** (father of friend of Steve White); **Marci Delaney** (friend of Mary Sue Lewis); **Andy Beronee** (Mark Lewis' boss); **Tommy Joyner and family** (employee of Mark Lewis); **Mary Steadman; Danielle Wise** (friend of the Derricks); **Bobby Johnson** (friend of Billy Pearson); **Amanda Snow & Family** (daughter of Edwa Meek); **Dorothy & Norm Jensen** (sister and brother-in-law of Marilyn Lloyd); **Sonny Hardee** (son of Carolyn Hardee); **Joshua Pace** (grandson of Georgeann Pace); **Mike Steele** (uncle of Chris Derrick); **Michael McNeill** (son of Charles McNeill); **Elaine Smith** (friend of Carol Frye); **Kem Sutherby** (cousin of Ruth Frady); **Brenda Capps** (wife of nephew of Ruth Frady); **Denise Paul** (cousin of Gale Frady); **Sydney Bachman** (cousin of friend of Gale Frady); **Chloe Majors** (grandniece of Jeanette Hornsby); **Linda McCroskey** (stepmother of Christopher McCroskey); **Laurel Posey** (friend of Christopher McCroskey); **Ray Culbreth's Group House; Amelia Zinski** (great-niece of Linda Maloch); **Wayne & Lynn Blair** (son & daughter-in-law of Dot Johnson); **Ashley Webber** (friend of Donna Eidson); **Randy Suarez** (friend of Bonnie Ramsey); **Xavier Crane** (grandnephew of John Ballentine); **Rob Stanfield, III** (neighbor of Arnold and Jo Ann Heiting); **Charles Von Glahn** (brother of JoAnn Heiting); **Vera Von Glahn** (sister-in-law of Jo Ann Heiting); **Michael Carter** (son of Esther Carter); **Adam Lavender** (son of Phil Lavender)

If you have a friend or family member on the Prayer List, we ask you to please keep us updated. If no word is received, we will trust that our prayers have been answered and remove the name. To update us, please call the office or e-mail us at trinityumcwc@sc.rr.com.

OUR PRESENCE ...

Attendance 06/10 Sunday School 26 Morning Worship: 47

OUR GIFTS ...

General Fund 06/10 \$ 3,481.00

OUR SERVICE ...

OUR WITNESS."

Church Calendar

06/18 Exercise Class, 2 p.m.
06/20 Prayer Group, 7 a.m.
 Exercise Class, 2 p.m.
06/22 GLIA Articles Due
 Work Day at Parsonage, 10 a.m.
06/23 God's Helping Hands Open House, 10:30 a.m. – 1:30 p.m.

Serving in June/July

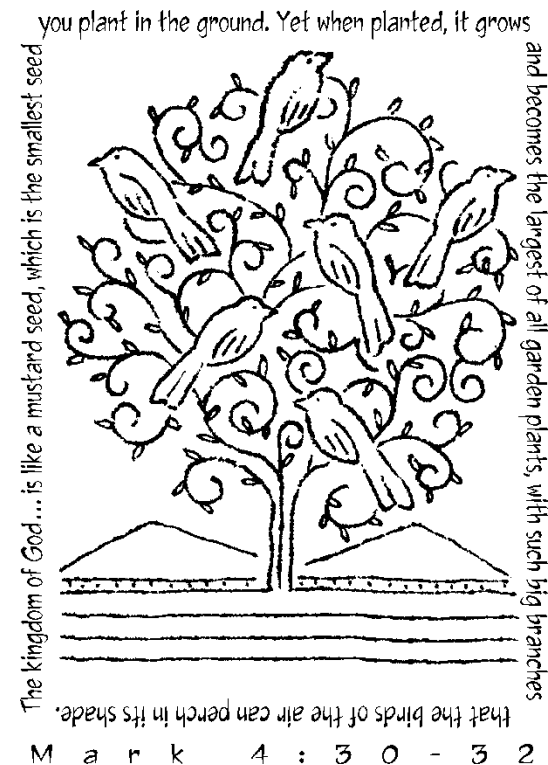
Serving On:	June 24	July 1
Ushers:	Joy SS Class	Sinners SS Class
Tellers:	Pam Turner; Becky Derrick	Erin Derrick; Bonnie Ramsey
Flowers:	English & Jewel Percy	Needed
Lay Reader:	Jeanette Hornsby	Not Needed
Time Together:	Wayne & Charlie Hooker	Jewel Percy; Pauline Wenner
AV Assistant:	John Ballentine; Marie Stiles	John Ballentine; Marie Stiles



Ministers	The Congregation
Pastor	Donna Stone Eidson
Resident Bishop	Jonathan Holston
District Superintendent	Rev. Dr. Cathy Jamieson

Our mission is to make disciples of Jesus Christ for the transformation of the world.

Our vision is to Connect, Nurture, Inspire and Transform



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The Exercise Class meets on Monday and Wednesday at 2 p.m. in the Conference Room.

United Methodist Women will not meet in June and July.

United Methodist Men will not meet in June, July and August.

GLIA articles are due on Friday, June 22.

The Sunday School Breakfast will be held on Sunday, June 24, at 9 a.m.

Lunch Bunch will be held on Sunday, July 1, immediately following the service. Plan now to join them for a covered dish meal and a wonderful time of fellowship.

The office will be closed on Wednesday, July 4.

The annual Ice Cream Social is scheduled for Sunday, July 29.



RECEPTION AFTER WORSHIP

***FAREWELL RECEPTION FOR PASTOR DONNA
JUNE 24, 2018***

A reception honoring Pastor Donna will be held in the Gathering Area immediately following the service on Sunday, June 24. Please join us as we say farewell to Pastor Donna and wish her well upon her retirement.

FROM THE SPRC



On Friday, June 22, we will meet at the parsonage to help clean it and get it ready before moving day on June 27. Please join us if you would like to help. If you need additional information, please see K. C. Warble.



God's Helping Hands will have an Open House on June 23rd from 10:30 a.m.-1:30 p.m. for anyone to tour the building, meet the volunteers, and learn more about the good work our church is supporting. Light refreshments will be served and some classic cars will be on display as well. God's Helping Hands' address is 919 Holland Avenue in Cayce.



TRINITY FOOD CO-OP

Invite your friends and neighbors to participate.

Our next co-op date is **Tuesday, June 26**. The more participants we have the more produce we can get with our money. Forms can be found in the Gathering Area.

Bags are only \$5.00 each and need to be paid in cash. Please remember to pay in advance so that I know who wants bags each month and also how much money I have to spend. Please let me know by the weekend before the Tuesday of co-op. Thank you for your help. **Becky**

10 Nutrition Tips

1. Maximize with nutrient-packed foods. Give your body the nutrients it needs by eating a variety of nutrient-packed food, including whole grains, lean protein, fruits and vegetables, and low-fat or fat-free dairy. Eat less food high in solid fats, added sugars, and sodium (salt).

2. Energize with grains. Your body's quickest energy source comes from foods such as bread and pasta. Be sure to make at least half of your grain food choices whole-grain foods, like brown rice and whole wheat bread.

3. Power up with Protein. It is essential for building and repairing muscle. Choose lean or low-fat cuts of beef or pork, and skinless chicken or turkey. Get your protein from seafood twice a week.

4. Variety is great! Choose beans and peas (kidney, pinto, black, or white beans; split peas; chickpeas; hummus), soy products (tofu, tempeh, veggie burgers), and unsalted nuts and seeds.

5. Vary your fruits and vegetables. Get the nutrients your body needs by eating a variety of colors, in various ways. Try blue, red, or black berries; red and yellow peppers; and dark greens like spinach and kale. Choose fresh, frozen, low-sodium canned, dried, or 100 percent juice options.

6. Don't forget dairy. Foods like fat-free and low-fat milk, cheese, yogurt, and fortified soy beverages (soymilk) help to build and maintain strong bones needed for everyday activities.

7. Balance your meals. Use MyPlate as a reminder to include all food groups each day. www.ChooseMyPlate.gov.

8. Drink water. Stay hydrated by drinking water instead of sugary drinks. Keep a reusable water bottle with you to always have water on hand.

9. Know how much you eat. Get personalized nutrition information based on your age, gender, height, weight, current physical activity level, and other factors. Use SuperTracker to determine your calorie needs, plan a diet that's right for you, and track progress toward your goals. Learn more at www.SuperTracker.usda.gov.

10. Reach your goals. Earn Presidential recognition for reaching your healthy eating and physical activity goals. Log on to www.presidentschallenge.org to sign up for the Presidential Active Lifestyle Award (PALA+)

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